

Base Menu Spreadsheet

Portion Values

Aug 8, 2022 thru Aug 26, 2022

Menu Name: BREAKFAST HS

Include Cost: No

Site:

Report Style: Detailed

Monday - 08/08/2022

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990840 BREAKFAST KIT-BAR STRAWBERRY NUTRIGRAIN	1 KIT	1	310	0.50	205	33	6.50	63.00	4.00	3.00
990841 BREAKFAST KIT-CEREAL LUCKY CHARMS	1 KIT	1	290	1.00	300	29	5.00	57.00	3.00	3.00
990839 BREAKFAST KIT-BAR COCO PUFF	1 KIT	1	320	1.00	265	22	7.00	59.00	4.00	5.00
990842 BREAKFAST KIT-CEREAL FRUIT LOOPS	1 KIT	1	270	0.50	310	27	4.00	57.00	4.00	3.00
990509 BREAKFAST KIT-CEREAL HONEY NUT CHEERIOS	1 KIT	1	290	0.00	285	27	6.00	57.00	4.00	4.00
990837 BREAKFAST KIT-BAR TRIX ES FOODS	1 kit	1	270	0.00	195	27	4.50	57.00	2.00	*N/A*
990838 BREAKFAST KIT-BAR CINNAMON TOAST CRUNCH	1 KIT	1	330	0.50	180	27	7.50	85.00	5.00	5.00
990794 CINNAMON BUN	1 BUN	1	224	1.50	142	13	7.50	36.50	2.60	2.50
990488 JUICE, APPLE, SHELF STABLE, 4 OZ	1/2 CUP	1	60	0.00	10	15	0.00	17.00	0.00	0.00
990487 JUICE, VERY BERRY, SHELF STABLE	1/2 CUP	1	60	0.00	10	15	0.00	17.00	0.00	0.00
990484 JUICE, FRUIT PUNCH, SHELF STABLE	1/2 CUP	1	60	0.00	5	14	0.00	15.00	0.00	0.00
990486 JUICE, GRAPE, SHELF STABLE	1/2 CUP	1	80	0.00	10	19	0.00	20.00	0.00	0.00
990485 JUICE, ORANGE TANGERINE, SHELF STABLE	1/2 CUP	1	60	*N/A*	10	13	0.00	15.00	0.00	0.00

Base Menu Spreadsheet

Portion Values

Aug 8, 2022 thru Aug 26, 2022

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
000229 FRUIT, FRESH ASST	1/2 cup	1	55	0.02	2	*5	0.22	14.46	2.67	0.49
000026 MILK - 1% LOWFAT	HALF PINT	1	110	1.50	130	12	2.50	13.00	0.00	8.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	1.50	180	18	2.50	20.00	*N/A*	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	0.00	130	12	0.00	13.01	0.00	8.00
Weighted Daily Average			3019	*8.02	2370	*328	53.22	615.97	*31.27	*50.00
% of Calories				*2.39%		*43.5%	15.9%	81.6%		*6.6%
Weekly Nutrient Guideline			450 - 600	<10	640		<=0			

Tuesday - 08/09/2022

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990093 BISCUIT, CHICKEN	1 BISCUIT	1	311	6.51	963	3	13.05	34.10	2.01	13.12
990038 CEREAL, FRUITY CHEERIOS	EACH	1	117	0.00	146	10	1.46	25.38	1.95	1.95
990037 CEREAL, APPLE JACKS	EACH	1	110	0.50	160	8	1.00	24.00	3.00	2.00
990041 CEREAL, FROSTED MINI WHEATS	EACH	1	98	0.11	1	6	0.11	23.63	*N/A*	2.58
990040 CEREAL, HONEY NUT CHEERIOS	EACH	1	108	0.25	108	8	1.51	22.26	2.10	2.55
990033 CEREAL, CINNAMON TOAST CRUNCH	EACH	1	110	0.50	160	6	3.00	22.00	3.00	1.00
990253 CEREAL, TRIX	EACH	1	111	0.00	142	7	1.01	24.30	1.01	1.01
990039 CEREAL, COCO PUFFS	EACH	1	104	0.00	151	8	1.42	23.62	1.89	1.89

Base Menu Spreadsheet

Portion Values

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990035 CEREAL, FRUIT LOOPS	EACH	1	110	0.50	170	8	1.00	24.00	3.00	2.00
990034 CEREAL, FROSTED FLAKES	EACH	1	100	0.00	160	7	0.00	24.00	2.00	2.00
990046 CRACKERS, CHOCOLATE BEAR GRAHAMS	PACKS	1	110	1.00	100	7	3.00	20.00	2.00	2.00
990047 CRACKERS, HONEY GRAHAMS 3CT	PACKS	1	110	1.00	140	7	3.00	20.00	1.00	2.00
990049 CRACKERS, STRAWBERRY DINOSAUR GRAHAMS	PACKS	1	110	0.00	95	7	3.00	21.00	1.00	2.00
990488 JUICE, APPLE, SHELF STABLE, 4 OZ	1/2 CUP	1	60	0.00	10	15	0.00	17.00	0.00	0.00
990487 JUICE, VERY BERRY, SHELF STABLE	1/2 CUP	1	60	0.00	10	15	0.00	17.00	0.00	0.00
990484 JUICE, FRUIT PUNCH, SHELF STABLE	1/2 CUP	1	60	0.00	5	14	0.00	15.00	0.00	0.00
990486 JUICE, GRAPE, SHELF STABLE	1/2 CUP	1	80	0.00	10	19	0.00	20.00	0.00	0.00
990485 JUICE, ORANGE TANGERINE, SHELF STABLE	1/2 CUP	1	60	*N/A*	10	13	0.00	15.00	0.00	0.00
000229 FRUIT, FRESH ASST	1/2 cup	1	55	0.02	2	*5	0.22	14.46	2.67	0.49
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	0.00	130	12	0.00	13.01	0.00	8.00
000026 MILK - 1% LOWFAT	HALF PINT	1	110	1.50	130	12	2.50	13.00	0.00	8.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	1.50	180	18	2.50	20.00	*N/A*	8.00
Weighted Daily Average			2326	*13.39	2984	*215	37.79	452.77	*26.64	60.60
% of Calories				*5.18%		*37.0%	14.6%	77.9%		10.4%
Weekly Nutrient Guideline			450 - 600	<10	640		<=0			

Wednesday - 08/10/2022

Reimbursable Meal Total 1

Base Menu Spreadsheet

Portion Values

Aug 8, 2022 thru Aug 26, 2022

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990763 SMOOTHIE, BLUE RASPBERRY	8 oz.	1	79	0.00	82	*10	0.00	13.70	0.50	6.05
990049 CRACKERS, STRAWBERRY DINOSAUR GRAHAMS	PACKS	1	110	0.00	95	7	3.00	21.00	1.00	2.00
990047 CRACKERS, HONEY GRAHAMS 3CT	PACKS	1	110	1.00	140	7	3.00	20.00	1.00	2.00
990046 CRACKERS, CHOCOLATE BEAR GRAHAMS	PACKS	1	110	1.00	100	7	3.00	20.00	2.00	2.00
990488 JUICE, APPLE, SHELF STABLE, 4 OZ	1/2 CUP	1	60	0.00	10	15	0.00	17.00	0.00	0.00
990487 JUICE, VERY BERRY, SHELF STABLE	1/2 CUP	1	60	0.00	10	15	0.00	17.00	0.00	0.00
990484 JUICE, FRUIT PUNCH, SHELF STABLE	1/2 CUP	1	60	0.00	5	14	0.00	15.00	0.00	0.00
990486 JUICE, GRAPE, SHELF STABLE	1/2 CUP	1	80	0.00	10	19	0.00	20.00	0.00	0.00
990485 JUICE, ORANGE TANGERINE, SHELF STABLE	1/2 CUP	1	60	*N/A*	10	13	0.00	15.00	0.00	0.00
000229 FRUIT, FRESH ASST	1/2 cup	1	55	0.02	2	*5	0.22	14.46	2.67	0.49
000026 MILK - 1% LOWFAT	HALF PINT	1	110	1.50	130	12	2.50	13.00	0.00	8.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	1.50	180	18	2.50	20.00	*N/A*	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	0.00	130	12	0.00	13.01	0.00	8.00
Weighted Daily Average			1125	*5.02	904	*154	14.22	219.17	*7.18	36.54
% of Calories				*4.02%		*54.8%	11.4%	77.9%		13.0%
Weekly Nutrient Guideline			450 - 600	<10	640		<=0			

Thursday - 08/11/2022

Reimbursable Meal Total 1

Base Menu Spreadsheet

Portion Values

Aug 8, 2022 thru Aug 26, 2022

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990095 BISCUIT, SAUSAGE	1 BISCUIT	1	255	7.00	915	2	13.00	26.50	1.00	9.00
990049 CRACKERS, STRAWBERRY DINOSAUR GRAHAMS	PACKS	1	110	0.00	95	7	3.00	21.00	1.00	2.00
990047 CRACKERS, HONEY GRAHAMS 3CT	PACKS	1	110	1.00	140	7	3.00	20.00	1.00	2.00
990046 CRACKERS, CHOCOLATE BEAR GRAHAMS	PACKS	1	110	1.00	100	7	3.00	20.00	2.00	2.00
990157 CEREAL BAR, TRIX	1 BAR	1	150	0.50	105	9	3.00	30.00	3.00	2.00
990154 CEREAL BAR, CINN TOAST CRUNCH	1 BAR	1	151	0.50	116	8	3.02	30.19	3.02	3.02
990155 CEREAL BAR, COCO PUFF	1 BAR	1	151	0.50	101	9	3.02	30.19	3.02	3.02
990768 CEREAL BAR, GOLDEN GRAHAM	1 BAR	1	150	0.50	105	9	3.50	30.00	3.00	2.00
000229 FRUIT, FRESH ASST	1/2 cup	1	55	0.02	2	*5	0.22	14.46	2.67	0.49
990485 JUICE, ORANGE TANGERINE, SHELF STABLE	1/2 CUP	1	60	*N/A*	10	13	0.00	15.00	0.00	0.00
990488 JUICE, APPLE, SHELF STABLE, 4 OZ	1/2 CUP	1	60	0.00	10	15	0.00	17.00	0.00	0.00
990484 JUICE, FRUIT PUNCH, SHELF STABLE	1/2 CUP	1	60	0.00	5	14	0.00	15.00	0.00	0.00
990487 JUICE, VERY BERRY, SHELF STABLE	1/2 CUP	1	60	0.00	10	15	0.00	17.00	0.00	0.00
990486 JUICE, GRAPE, SHELF STABLE	1/2 CUP	1	80	0.00	10	19	0.00	20.00	0.00	0.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	1.50	180	18	2.50	20.00	*N/A*	8.00
000026 MILK - 1% LOWFAT	HALF PINT	1	110	1.50	130	12	2.50	13.00	0.00	8.00

Base Menu Spreadsheet

Portion Values

Aug 8, 2022 thru Aug 26, 2022

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	0.00	130	12	0.00	13.01	0.00	8.00
Weighted Daily Average			1902	*14.03	2164	*182	39.76	352.35	*19.71	49.53
% of Calories				*6.64%		*38.3%	18.8%	74.1%		10.4%
Weekly Nutrient Guideline			450 - 600	<10	640		<=0			

Friday - 08/12/2022

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990730 DONUTS, MINI GLAZED, BAKECRAFTERS	1 PACK	1	250	4.50	190	13	10.00	37.00	3.00	5.00
990833 POPTART, BLUEBERRY	1 EACH	1	200	1.50	170	*N/A*	5.00	38.00	0.00	2.00
990128 POPTART, CHOCOLATE	1 PACKAGE	1	180	1.00	190	16	3.00	38.00	3.00	3.00
990115 POPTART, STRAWBERRY	1 PACKAGE	1	180	1.00	180	15	2.50	38.00	3.00	2.00
990049 CRACKERS, STRAWBERRY DINOSAUR GRAHAMS	PACKS	1	110	0.00	95	7	3.00	21.00	1.00	2.00
990046 CRACKERS, CHOCOLATE BEAR GRAHAMS	PACKS	1	110	1.00	100	7	3.00	20.00	2.00	2.00
990047 CRACKERS, HONEY GRAHAMS 3CT	PACKS	1	110	1.00	140	7	3.00	20.00	1.00	2.00
990488 JUICE, APPLE, SHELF STABLE, 4 OZ	1/2 CUP	1	60	0.00	10	15	0.00	17.00	0.00	0.00
990487 JUICE, VERY BERRY, SHELF STABLE	1/2 CUP	1	60	0.00	10	15	0.00	17.00	0.00	0.00
990484 JUICE, FRUIT PUNCH, SHELF STABLE	1/2 CUP	1	60	0.00	5	14	0.00	15.00	0.00	0.00

Base Menu Spreadsheet

Portion Values

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990486 JUICE, GRAPE, SHELF STABLE	1/2 CUP	1	80	0.00	10	19	0.00	20.00	0.00	0.00
990485 JUICE, ORANGE TANGERINE, SHELF STABLE	1/2 CUP	1	60	*N/A*	10	13	0.00	15.00	0.00	0.00
000229 FRUIT, FRESH ASST	1/2 cup	1	55	0.02	2	*5	0.22	14.46	2.67	0.49
000026 MILK - 1% LOWFAT	HALF PINT	1	110	1.50	130	12	2.50	13.00	0.00	8.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	1.50	180	18	2.50	20.00	*N/A*	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	0.00	130	12	0.00	13.01	0.00	8.00
Weighted Daily Average			1855	*13.02	1553	*188	34.72	356.47	*15.67	42.50
% of Calories				*6.32%		*40.5%	16.8%	76.9%		9.2%
Weekly Nutrient Guideline			450 - 600	<10	640		<=0			

Monday - 08/15/2022

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990731 BURRITO, BREAKFAST	1 BURRITO	1	210	3.50	300	1	10.00	20.00	0.00	9.00
990841 BREAKFAST KIT-CEREAL LUCKY CHARMS	1 KIT	1	290	1.00	300	29	5.00	57.00	3.00	3.00
990839 BREAKFAST KIT-BAR COCO PUFF	1 KIT	1	320	1.00	265	22	7.00	59.00	4.00	5.00
990842 BREAKFAST KIT-CEREAL FRUIT LOOPS	1 KIT	1	270	0.50	310	27	4.00	57.00	4.00	3.00
990509 BREAKFAST KIT-CEREAL HONEY NUT CHEERIOS	1 KIT	1	290	0.00	285	27	6.00	57.00	4.00	4.00

Base Menu Spreadsheet

Portion Values

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990838 BREAKFAST KIT-BAR CINNAMON TOAST CRUNCH	1 KIT	1	330	0.50	180	27	7.50	85.00	5.00	5.00
990837 BREAKFAST KIT-BAR TRIX ES FOODS	1 kit	1	270	0.00	195	27	4.50	57.00	2.00	*N/A*
990840 BREAKFAST KIT-BAR STRAWBERRY NUTRIGRAIN	1 KIT	1	310	0.50	205	33	6.50	63.00	4.00	3.00
000229 FRUIT, FRESH ASST	1/2 cup	1	55	0.02	2	*5	0.22	14.46	2.67	0.49
990485 JUICE, ORANGE TANGERINE, SHELF STABLE	1/2 CUP	1	60	*N/A*	10	13	0.00	15.00	0.00	0.00
990486 JUICE, GRAPE, SHELF STABLE	1/2 CUP	1	80	0.00	10	19	0.00	20.00	0.00	0.00
990488 JUICE, APPLE, SHELF STABLE, 4 OZ	1/2 CUP	1	60	0.00	10	15	0.00	17.00	0.00	0.00
990484 JUICE, FRUIT PUNCH, SHELF STABLE	1/2 CUP	1	60	0.00	5	14	0.00	15.00	0.00	0.00
990487 JUICE, VERY BERRY, SHELF STABLE	1/2 CUP	1	60	0.00	10	15	0.00	17.00	0.00	0.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	1.50	180	18	2.50	20.00	*N/A*	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	0.00	130	12	0.00	13.01	0.00	8.00
000026 MILK - 1% LOWFAT	HALF PINT	1	110	1.50	130	12	2.50	13.00	0.00	8.00
Weighted Daily Average			3005	*10.02	2528	*316	55.72	599.47	*28.67	*56.50
% of Calories				*3.00%		*42.1%	16.7%	79.8%		*7.5%
Weekly Nutrient Guideline			450 - 600	<10	640		<=0			

Tuesday - 08/16/2022

Reimbursable Meal Total 1

Base Menu Spreadsheet

Portion Values

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990093 BISCUIT, CHICKEN	1 BISCUIT	1	311	6.51	963	3	13.05	34.10	2.01	13.12
990033 CEREAL, CINNAMON TOAST CRUNCH	EACH	1	110	0.50	160	6	3.00	22.00	3.00	1.00
990038 CEREAL, FRUITY CHEERIOS	EACH	1	117	0.00	146	10	1.46	25.38	1.95	1.95
990040 CEREAL, HONEY NUT CHEERIOS	EACH	1	108	0.25	108	8	1.51	22.26	2.10	2.55
990037 CEREAL, APPLE JACKS	EACH	1	110	0.50	160	8	1.00	24.00	3.00	2.00
990041 CEREAL, FROSTED MINI WHEATS	EACH	1	98	0.11	1	6	0.11	23.63	*N/A*	2.58
990253 CEREAL, TRIX	EACH	1	111	0.00	142	7	1.01	24.30	1.01	1.01
990039 CEREAL, COCO PUFFS	EACH	1	104	0.00	151	8	1.42	23.62	1.89	1.89
990035 CEREAL, FRUIT LOOPS	EACH	1	110	0.50	170	8	1.00	24.00	3.00	2.00
990034 CEREAL, FROSTED FLAKES	EACH	1	100	0.00	160	7	0.00	24.00	2.00	2.00
990047 CRACKERS, HONEY GRAHAMS 3CT	PACKS	1	110	1.00	140	7	3.00	20.00	1.00	2.00
990046 CRACKERS, CHOCOLATE BEAR GRAHAMS	PACKS	1	110	1.00	100	7	3.00	20.00	2.00	2.00
990049 CRACKERS, STRAWBERRY DINOSAUR GRAHAMS	PACKS	1	110	0.00	95	7	3.00	21.00	1.00	2.00
990488 JUICE, APPLE, SHELF STABLE, 4 OZ	1/2 CUP	1	60	0.00	10	15	0.00	17.00	0.00	0.00
990487 JUICE, VERY BERRY, SHELF STABLE	1/2 CUP	1	60	0.00	10	15	0.00	17.00	0.00	0.00
990484 JUICE, FRUIT PUNCH, SHELF STABLE	1/2 CUP	1	60	0.00	5	14	0.00	15.00	0.00	0.00
990486 JUICE, GRAPE, SHELF STABLE	1/2 CUP	1	80	0.00	10	19	0.00	20.00	0.00	0.00

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Portion Values

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990485 JUICE, ORANGE TANGERINE, SHELF STABLE	1/2 CUP	1	60	*N/A*	10	13	0.00	15.00	0.00	0.00
000229 FRUIT, FRESH ASST	1/2 cup	1	55	0.02	2	*5	0.22	14.46	2.67	0.49
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	0.00	130	12	0.00	13.01	0.00	8.00
000026 MILK - 1% LOWFAT	HALF PINT	1	110	1.50	130	12	2.50	13.00	0.00	8.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	1.50	180	18	2.50	20.00	*N/A*	8.00
Weighted Daily Average			2326	*13.39	2984	*215	37.79	452.77	*26.64	60.60
% of Calories				*5.18%		*37.0%	14.6%	77.9%		10.4%
Weekly Nutrient Guideline			450 - 600	<10	640		<=0			

Wednesday - 08/17/2022

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990765 SMOOTHIE, WATERMELON	8 oz.	1	79	0.00	82	*10	0.00	13.70	0.50	6.05
990049 CRACKERS, STRAWBERRY DINOSAUR GRAHAMS	PACKS	1	110	0.00	95	7	3.00	21.00	1.00	2.00
990046 CRACKERS, CHOCOLATE BEAR GRAHAMS	PACKS	1	110	1.00	100	7	3.00	20.00	2.00	2.00
990047 CRACKERS, HONEY GRAHAMS 3CT	PACKS	1	110	1.00	140	7	3.00	20.00	1.00	2.00
990488 JUICE, APPLE, SHELF STABLE, 4 OZ	1/2 CUP	1	60	0.00	10	15	0.00	17.00	0.00	0.00
990487 JUICE, VERY BERRY, SHELF STABLE	1/2 CUP	1	60	0.00	10	15	0.00	17.00	0.00	0.00

Base Menu Spreadsheet

Portion Values

Aug 8, 2022 thru Aug 26, 2022

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990484 JUICE, FRUIT PUNCH, SHELF STABLE	1/2 CUP	1	60	0.00	5	14	0.00	15.00	0.00	0.00
990486 JUICE, GRAPE, SHELF STABLE	1/2 CUP	1	80	0.00	10	19	0.00	20.00	0.00	0.00
990485 JUICE, ORANGE TANGERINE, SHELF STABLE	1/2 CUP	1	60	*N/A*	10	13	0.00	15.00	0.00	0.00
000229 FRUIT, FRESH ASST	1/2 cup	1	55	0.02	2	*5	0.22	14.46	2.67	0.49
000026 MILK - 1% LOWFAT	HALF PINT	1	110	1.50	130	12	2.50	13.00	0.00	8.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	1.50	180	18	2.50	20.00	*N/A*	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	0.00	130	12	0.00	13.01	0.00	8.00
Weighted Daily Average			1125	*5.02	904	*154	14.22	219.17	*7.18	36.54
% of Calories				*4.02%		*54.8%	11.4%	77.9%		13.0%
Weekly Nutrient Guideline			450 - 600	<10	640		<=0			

Thursday - 08/18/2022

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990095 BISCUIT, SAUSAGE	1 BISCUIT	1	255	7.00	915	2	13.00	26.50	1.00	9.00
990049 CRACKERS, STRAWBERRY DINOSAUR GRAHAMS	PACKS	1	110	0.00	95	7	3.00	21.00	1.00	2.00
990047 CRACKERS, HONEY GRAHAMS 3CT	PACKS	1	110	1.00	140	7	3.00	20.00	1.00	2.00
990046 CRACKERS, CHOCOLATE BEAR GRAHAMS	PACKS	1	110	1.00	100	7	3.00	20.00	2.00	2.00

Base Menu Spreadsheet

Portion Values

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990157 CEREAL BAR, TRIX	1 BAR	1	150	0.50	105	9	3.00	30.00	3.00	2.00
990154 CEREAL BAR, CINN TOAST CRUNCH	1 BAR	1	151	0.50	116	8	3.02	30.19	3.02	3.02
990155 CEREAL BAR, COCO PUFF	1 BAR	1	151	0.50	101	9	3.02	30.19	3.02	3.02
990768 CEREAL BAR, GOLDEN GRAHAM	1 BAR	1	150	0.50	105	9	3.50	30.00	3.00	2.00
000229 FRUIT, FRESH ASST	1/2 cup	1	55	0.02	2	*5	0.22	14.46	2.67	0.49
990485 JUICE, ORANGE TANGERINE, SHELF STABLE	1/2 CUP	1	60	*N/A*	10	13	0.00	15.00	0.00	0.00
990488 JUICE, APPLE, SHELF STABLE, 4 OZ	1/2 CUP	1	60	0.00	10	15	0.00	17.00	0.00	0.00
990484 JUICE, FRUIT PUNCH, SHELF STABLE	1/2 CUP	1	60	0.00	5	14	0.00	15.00	0.00	0.00
990487 JUICE, VERY BERRY, SHELF STABLE	1/2 CUP	1	60	0.00	10	15	0.00	17.00	0.00	0.00
990486 JUICE, GRAPE, SHELF STABLE	1/2 CUP	1	80	0.00	10	19	0.00	20.00	0.00	0.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	1.50	180	18	2.50	20.00	*N/A*	8.00
000026 MILK - 1% LOWFAT	HALF PINT	1	110	1.50	130	12	2.50	13.00	0.00	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	0.00	130	12	0.00	13.01	0.00	8.00
Weighted Daily Average			1902	*14.03	2164	*182	39.76	352.35	*19.71	49.53
% of Calories				*6.64%		*38.3%	18.8%	74.1%		10.4%
Weekly Nutrient Guideline			450 - 600	<10	640		<=0			

Friday - 08/19/2022

Reimbursable Meal Total 1

Base Menu Spreadsheet

Portion Values

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990836 HONEY BUN	1 BUN	1	240	*N/A*	250	9	10.00	34.00	3.00	5.00
990833 POPTART, BLUEBERRY	1 EACH	1	200	1.50	170	*N/A*	5.00	38.00	0.00	2.00
990115 POPTART, STRAWBERRY	1 PACKAGE	1	180	1.00	180	15	2.50	38.00	3.00	2.00
990128 POPTART, CHOCOLATE	1 PACKAGE	1	180	1.00	190	16	3.00	38.00	3.00	3.00
990049 CRACKERS, STRAWBERRY DINOSAUR GRAHAMS	PACKS	1	110	0.00	95	7	3.00	21.00	1.00	2.00
990046 CRACKERS, CHOCOLATE BEAR GRAHAMS	PACKS	1	110	1.00	100	7	3.00	20.00	2.00	2.00
990047 CRACKERS, HONEY GRAHAMS 3CT	PACKS	1	110	1.00	140	7	3.00	20.00	1.00	2.00
990488 JUICE, APPLE, SHELF STABLE, 4 OZ	1/2 CUP	1	60	0.00	10	15	0.00	17.00	0.00	0.00
990487 JUICE, VERY BERRY, SHELF STABLE	1/2 CUP	1	60	0.00	10	15	0.00	17.00	0.00	0.00
990484 JUICE, FRUIT PUNCH, SHELF STABLE	1/2 CUP	1	60	0.00	5	14	0.00	15.00	0.00	0.00
990486 JUICE, GRAPE, SHELF STABLE	1/2 CUP	1	80	0.00	10	19	0.00	20.00	0.00	0.00
990485 JUICE, ORANGE TANGERINE, SHELF STABLE	1/2 CUP	1	60	*N/A*	10	13	0.00	15.00	0.00	0.00
000229 FRUIT, FRESH ASST	1/2 cup	1	55	0.02	2	*5	0.22	14.46	2.67	0.49
000026 MILK - 1% LOWFAT	HALF PINT	1	110	1.50	130	12	2.50	13.00	0.00	8.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	1.50	180	18	2.50	20.00	*N/A*	8.00

Base Menu Spreadsheet

Portion Values

Aug 8, 2022 thru Aug 26, 2022

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	0.00	130	12	0.00	13.01	0.00	8.00
Weighted Daily Average			1845	*8.52	1613	*184	34.72	353.47	*15.67	42.50
% of Calories				*4.16%		*39.9%	16.9%	76.6%		9.2%
Weekly Nutrient Guideline			450 - 600	<10	640		<=0			

Monday - 08/22/2022

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990840 BREAKFAST KIT-BAR STRAWBERRY NUTRIGRAIN	1 KIT	1	310	0.50	205	33	6.50	63.00	4.00	3.00
990841 BREAKFAST KIT-CEREAL LUCKY CHARMS	1 KIT	1	290	1.00	300	29	5.00	57.00	3.00	3.00
990839 BREAKFAST KIT-BAR COCO PUFF	1 KIT	1	320	1.00	265	22	7.00	59.00	4.00	5.00
990842 BREAKFAST KIT-CEREAL FRUIT LOOPS	1 KIT	1	270	0.50	310	27	4.00	57.00	4.00	3.00
990509 BREAKFAST KIT-CEREAL HONEY NUT CHEERIOS	1 KIT	1	290	0.00	285	27	6.00	57.00	4.00	4.00
990837 BREAKFAST KIT-BAR TRIX ES FOODS	1 kit	1	270	0.00	195	27	4.50	57.00	2.00	*N/A*
990838 BREAKFAST KIT-BAR CINNAMON TOAST CRUNCH	1 KIT	1	330	0.50	180	27	7.50	85.00	5.00	5.00
990794 CINNAMON BUN	1 BUN	1	224	1.50	142	13	7.50	36.50	2.60	2.50
990488 JUICE, APPLE, SHELF STABLE, 4 OZ	1/2 CUP	1	60	0.00	10	15	0.00	17.00	0.00	0.00
990487 JUICE, VERY BERRY, SHELF STABLE	1/2 CUP	1	60	0.00	10	15	0.00	17.00	0.00	0.00

Base Menu Spreadsheet

Portion Values

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990484 JUICE, FRUIT PUNCH, SHELF STABLE	1/2 CUP	1	60	0.00	5	14	0.00	15.00	0.00	0.00
990486 JUICE, GRAPE, SHELF STABLE	1/2 CUP	1	80	0.00	10	19	0.00	20.00	0.00	0.00
990485 JUICE, ORANGE TANGERINE, SHELF STABLE	1/2 CUP	1	60	*N/A*	10	13	0.00	15.00	0.00	0.00
000229 FRUIT, FRESH ASST	1/2 cup	1	55	0.02	2	*5	0.22	14.46	2.67	0.49
000026 MILK - 1% LOWFAT	HALF PINT	1	110	1.50	130	12	2.50	13.00	0.00	8.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	1.50	180	18	2.50	20.00	*N/A*	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	0.00	130	12	0.00	13.01	0.00	8.00
Weighted Daily Average			3019	*8.02	2370	*328	53.22	615.97	*31.27	*50.00
% of Calories				*2.39%		*43.5%	15.9%	81.6%		*6.6%
Weekly Nutrient Guideline			450 - 600	<10	640		<=0			

Tuesday - 08/23/2022

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990093 BISCUIT, CHICKEN	1 BISCUIT	1	311	6.51	963	3	13.05	34.10	2.01	13.12
990038 CEREAL, FRUITY CHEERIOS	EACH	1	117	0.00	146	10	1.46	25.38	1.95	1.95
990037 CEREAL, APPLE JACKS	EACH	1	110	0.50	160	8	1.00	24.00	3.00	2.00
990041 CEREAL, FROSTED MINI WHEATS	EACH	1	98	0.11	1	6	0.11	23.63	*N/A*	2.58
990040 CEREAL, HONEY NUT CHEERIOS	EACH	1	108	0.25	108	8	1.51	22.26	2.10	2.55

Base Menu Spreadsheet

Portion Values

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990033 CEREAL, CINNAMON TOAST CRUNCH	EACH	1	110	0.50	160	6	3.00	22.00	3.00	1.00
990253 CEREAL, TRIX	EACH	1	111	0.00	142	7	1.01	24.30	1.01	1.01
990039 CEREAL, COCO PUFFS	EACH	1	104	0.00	151	8	1.42	23.62	1.89	1.89
990035 CEREAL, FRUIT LOOPS	EACH	1	110	0.50	170	8	1.00	24.00	3.00	2.00
990034 CEREAL, FROSTED FLAKES	EACH	1	100	0.00	160	7	0.00	24.00	2.00	2.00
990046 CRACKERS, CHOCOLATE BEAR GRAHAMS	PACKS	1	110	1.00	100	7	3.00	20.00	2.00	2.00
990047 CRACKERS, HONEY GRAHAMS 3CT	PACKS	1	110	1.00	140	7	3.00	20.00	1.00	2.00
990049 CRACKERS, STRAWBERRY DINOSAUR GRAHAMS	PACKS	1	110	0.00	95	7	3.00	21.00	1.00	2.00
990488 JUICE, APPLE, SHELF STABLE, 4 OZ	1/2 CUP	1	60	0.00	10	15	0.00	17.00	0.00	0.00
990487 JUICE, VERY BERRY, SHELF STABLE	1/2 CUP	1	60	0.00	10	15	0.00	17.00	0.00	0.00
990484 JUICE, FRUIT PUNCH, SHELF STABLE	1/2 CUP	1	60	0.00	5	14	0.00	15.00	0.00	0.00
990486 JUICE, GRAPE, SHELF STABLE	1/2 CUP	1	80	0.00	10	19	0.00	20.00	0.00	0.00
990485 JUICE, ORANGE TANGERINE, SHELF STABLE	1/2 CUP	1	60	*N/A*	10	13	0.00	15.00	0.00	0.00
000229 FRUIT, FRESH ASST	1/2 cup	1	55	0.02	2	*5	0.22	14.46	2.67	0.49
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	0.00	130	12	0.00	13.01	0.00	8.00
000026 MILK - 1% LOWFAT	HALF PINT	1	110	1.50	130	12	2.50	13.00	0.00	8.00

Base Menu Spreadsheet

Portion Values

Aug 8, 2022 thru Aug 26, 2022

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	1.50	180	18	2.50	20.00	*N/A*	8.00
Weighted Daily Average			2326	*13.39	2984	*215	37.79	452.77	*26.64	60.60
% of Calories				*5.18%		*37.0%	14.6%	77.9%		10.4%
Weekly Nutrient Guideline			450 - 600	<10	640		<=0			

Wednesday - 08/24/2022

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990763 SMOOTHIE, BLUE RASPBERRY	8 oz.	1	79	0.00	82	*10	0.00	13.70	0.50	6.05
990049 CRACKERS, STRAWBERRY DINOSAUR GRAHAMS	PACKS	1	110	0.00	95	7	3.00	21.00	1.00	2.00
990047 CRACKERS, HONEY GRAHAMS 3CT	PACKS	1	110	1.00	140	7	3.00	20.00	1.00	2.00
990046 CRACKERS, CHOCOLATE BEAR GRAHAMS	PACKS	1	110	1.00	100	7	3.00	20.00	2.00	2.00
990488 JUICE, APPLE, SHELF STABLE, 4 OZ	1/2 CUP	1	60	0.00	10	15	0.00	17.00	0.00	0.00
990487 JUICE, VERY BERRY, SHELF STABLE	1/2 CUP	1	60	0.00	10	15	0.00	17.00	0.00	0.00
990484 JUICE, FRUIT PUNCH, SHELF STABLE	1/2 CUP	1	60	0.00	5	14	0.00	15.00	0.00	0.00
990486 JUICE, GRAPE, SHELF STABLE	1/2 CUP	1	80	0.00	10	19	0.00	20.00	0.00	0.00
990485 JUICE, ORANGE TANGERINE, SHELF STABLE	1/2 CUP	1	60	*N/A*	10	13	0.00	15.00	0.00	0.00
000229 FRUIT, FRESH ASST	1/2 cup	1	55	0.02	2	*5	0.22	14.46	2.67	0.49

Base Menu Spreadsheet

Portion Values

Aug 8, 2022 thru Aug 26, 2022

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
000026 MILK - 1% LOWFAT	HALF PINT	1	110	1.50	130	12	2.50	13.00	0.00	8.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	1.50	180	18	2.50	20.00	*N/A*	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	0.00	130	12	0.00	13.01	0.00	8.00
Weighted Daily Average			1125	*5.02	904	*154	14.22	219.17	*7.18	36.54
% of Calories				*4.02%		*54.8%	11.4%	77.9%		13.0%
Weekly Nutrient Guideline			450 - 600	<10	640		<=0			

Thursday - 08/25/2022

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990095 BISCUIT, SAUSAGE	1 BISCUIT	1	255	7.00	915	2	13.00	26.50	1.00	9.00
990049 CRACKERS, STRAWBERRY DINOSAUR GRAHAMS	PACKS	1	110	0.00	95	7	3.00	21.00	1.00	2.00
990047 CRACKERS, HONEY GRAHAMS 3CT	PACKS	1	110	1.00	140	7	3.00	20.00	1.00	2.00
990046 CRACKERS, CHOCOLATE BEAR GRAHAMS	PACKS	1	110	1.00	100	7	3.00	20.00	2.00	2.00
990157 CEREAL BAR, TRIX	1 BAR	1	150	0.50	105	9	3.00	30.00	3.00	2.00
990154 CEREAL BAR, CINN TOAST CRUNCH	1 BAR	1	151	0.50	116	8	3.02	30.19	3.02	3.02
990155 CEREAL BAR, COCO PUFF	1 BAR	1	151	0.50	101	9	3.02	30.19	3.02	3.02
990768 CEREAL BAR, GOLDEN GRAHAM	1 BAR	1	150	0.50	105	9	3.50	30.00	3.00	2.00
000229 FRUIT, FRESH ASST	1/2 cup	1	55	0.02	2	*5	0.22	14.46	2.67	0.49

Base Menu Spreadsheet

Portion Values

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990485 JUICE, ORANGE TANGERINE, SHELF STABLE	1/2 CUP	1	60	*N/A*	10	13	0.00	15.00	0.00	0.00
990488 JUICE, APPLE, SHELF STABLE, 4 OZ	1/2 CUP	1	60	0.00	10	15	0.00	17.00	0.00	0.00
990484 JUICE, FRUIT PUNCH, SHELF STABLE	1/2 CUP	1	60	0.00	5	14	0.00	15.00	0.00	0.00
990487 JUICE, VERY BERRY, SHELF STABLE	1/2 CUP	1	60	0.00	10	15	0.00	17.00	0.00	0.00
990486 JUICE, GRAPE, SHELF STABLE	1/2 CUP	1	80	0.00	10	19	0.00	20.00	0.00	0.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	1.50	180	18	2.50	20.00	*N/A*	8.00
000026 MILK - 1% LOWFAT	HALF PINT	1	110	1.50	130	12	2.50	13.00	0.00	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	0.00	130	12	0.00	13.01	0.00	8.00
Weighted Daily Average			1902	*14.03	2164	*182	39.76	352.35	*19.71	49.53
% of Calories				*6.64%		*38.3%	18.8%	74.1%		10.4%
Weekly Nutrient Guideline			450 - 600	<10	640		<=0			

Friday - 08/26/2022

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990730 DONUTS, MINI GLAZED, BAKECRAFTERS	1 PACK	1	250	4.50	190	13	10.00	37.00	3.00	5.00
990833 POPTART, BLUEBERRY	1 EACH	1	200	1.50	170	*N/A*	5.00	38.00	0.00	2.00
990128 POPTART, CHOCOLATE	1 PACKAGE	1	180	1.00	190	16	3.00	38.00	3.00	3.00
990115 POPTART, STRAWBERRY	1 PACKAGE	1	180	1.00	180	15	2.50	38.00	3.00	2.00

Base Menu Spreadsheet

Portion Values

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990049 CRACKERS, STRAWBERRY DINOSAUR GRAHAMS	PACKS	1	110	0.00	95	7	3.00	21.00	1.00	2.00
990046 CRACKERS, CHOCOLATE BEAR GRAHAMS	PACKS	1	110	1.00	100	7	3.00	20.00	2.00	2.00
990047 CRACKERS, HONEY GRAHAMS 3CT	PACKS	1	110	1.00	140	7	3.00	20.00	1.00	2.00
990488 JUICE, APPLE, SHELF STABLE, 4 OZ	1/2 CUP	1	60	0.00	10	15	0.00	17.00	0.00	0.00
990487 JUICE, VERY BERRY, SHELF STABLE	1/2 CUP	1	60	0.00	10	15	0.00	17.00	0.00	0.00
990484 JUICE, FRUIT PUNCH, SHELF STABLE	1/2 CUP	1	60	0.00	5	14	0.00	15.00	0.00	0.00
990486 JUICE, GRAPE, SHELF STABLE	1/2 CUP	1	80	0.00	10	19	0.00	20.00	0.00	0.00
990485 JUICE, ORANGE TANGERINE, SHELF STABLE	1/2 CUP	1	60	*N/A*	10	13	0.00	15.00	0.00	0.00
000229 FRUIT, FRESH ASST	1/2 cup	1	55	0.02	2	*5	0.22	14.46	2.67	0.49
000026 MILK - 1% LOWFAT	HALF PINT	1	110	1.50	130	12	2.50	13.00	0.00	8.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	1.50	180	18	2.50	20.00	*N/A*	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	0.00	130	12	0.00	13.01	0.00	8.00
Weighted Daily Average			1855	*13.02	1553	*188	34.72	356.47	*15.67	42.50
% of Calories				*6.32%		*40.5%	16.8%	76.9%		9.2%
Weekly Nutrient Guideline			450 - 600	<10	640		<=0			

	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
Weighted Averages	2044	*10.53	2010	*212	36.11	398.05	*19.92	*48.27
% of Calories		*4.64%		*41.5%	15.9%	77.9%		*9.4%

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient*

** - denotes combined nutrient totals with either missing or incomplete nutrient data*

¹ - denotes required nutrient values

² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: *The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.*